



Ministry of Sports, Culture & Heritage

FOR IMMEDIATE RELEASE
27th NOV 2020

Attn: SPORTS EDITORS

RESUMPTION OF SPORTS

The Ministry of Sports, Culture and Heritage in consultations with the Ministry of Health has revised the Resumption of Sports Guidelines as follows:

 **#iKUWEiKUWE COPY**

1. All Contact Sports (Low-Risk) may resume their Premier (Tier 1) League and Team Kenya activities. All the other activities related to lower level leagues remain suspended;
2. All Contact Sports (High-Risk) remain suspended
3. All National Teams may resume training in preparation for international events;
4. No spectators shall be allowed at any sporting event.
5. All the Federations must ensure compliance to all the provisions of the Guidelines;

The Ministry will continue monitoring compliance to the guidelines and revise them from time to time in the best interest of the health and safety of all our stakeholders.

Issued at KENCOM, Nairobi

Amb. (Dr.) Amina Mohamed, EGH, CAV
CABINET SECRETARY

ENDS



Ministry of Sports, Culture & Heritage

 #IKUWEIKUWE COPY

Outdoor Recreation (To Open)	Water sports (Remain Closed except national teams (athletes) preparing for international events)	Non-Contact Sports (To open observing containment measures)		Contact Sports (Low Risk) (To open observing containment measures)	Contact Sports (High Risk) (To remain closed except national teams preparing for international events)
Mountaineering	Canoeing	Archery	Goal Ball	Football (all codes)	American football
Mountain-biking	Sailing	Athletics (all codes)	Weightlifting	Hurling	Boxing
Angling	Rowing	Badminton (all codes)	Powerlifting (all codes)	Hockey	Judo(all codes)
Jogging	Surfing	Bowling	Equestrian	Ice hockey	Karate (all codes)
Team Building	Swimming (all codes)	Cricket	Wheelchair Rugby	Netball	Rugby (all codes)
Trekking	Water-Skiing	Cycling (all codes)	Ice Stock	Basketball (all codes)	Wrestling
Tug of War	Sailing	Darts	Catchball	Wheelchair basketball	Taekwondo
Triathlon (Swimming to halt)	Life Saving	Equestrian	Bridge	Handball(all codes)	Wheelchair rugby
	Polo	Fencing	Woodball	Baseball	Kabaddi
	Decathlon	Golf (all codes)	Bowling	Softball	Tong-il Mo do
		Gymnastics	Para Athletics	Rope Jump	Kick Boxing
		Motor-sports	Para Powerlifting	Floor Hockey	Skating Football
		Shooting (all codes)	Roller Skating	Goalball	Amputee Football
		Skateboarding	Boccia	Billiards	Team building activities
		Snooker	Horse Racing-Polo	Volleyball (all codes)	Kungfu
		Squash		Rollball	Chess
		Table tennis		Floorball	Scrabble
		Tennis (all codes)		Modern Pentathlon	Ajua
		Horse racing			
		Heptathlon			